



NEWSLETTER

QUARTER IV Oct - Dec 2025

BANGALORE EDITION

RISE AGAINST CANCER

Review

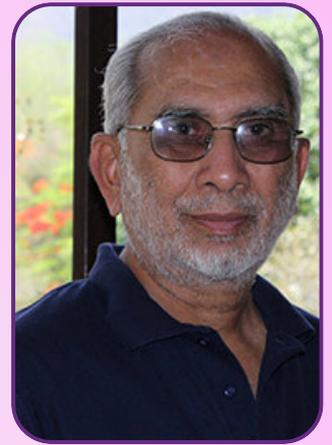
Kishore Rao

Chairperson Karnataka Branch

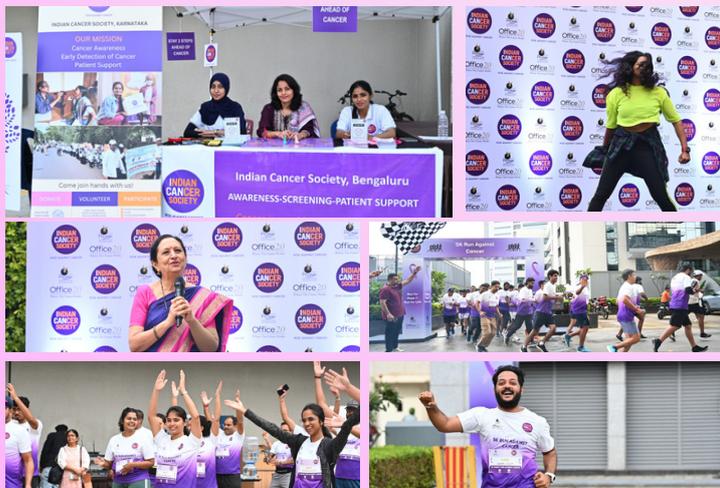
As we reflect on the last quarter of 2025, our first word is **thank you** to our existing donors whose continued trust made every programme possible. We are delighted to welcome **AstraZeneca, Commonwealth Bank of Australia, Hindalco, Rotary Gen** and **Euromonitor International** as new donors, strengthening our shared commitment to cancer care.

Pinktober set the tone with awareness runs, conversations, and community action, followed by landmark initiatives such as India's first **CAN4CANCER** marathon, impactful breast cancer collaborations, youth-led awareness programmes, and the much-loved **Hope and Joy Fest** for our pediatric warriors. Our work reached further with expanded screenings, patient support, strong media engagement, a new office in **Belagavi**, and meaningful contributions to **cancer research and advocacy**.

None of this would be possible without the dedication of our doctors, partners, donors, volunteers, and teams on the ground, who turn intent into impact every day. As we carry this momentum into the New Year, we wish you **health, hope, and renewed purpose**, and extend our deepest gratitude for walking this journey with us.



MARATHONS for Cancer Awareness & Early Detection

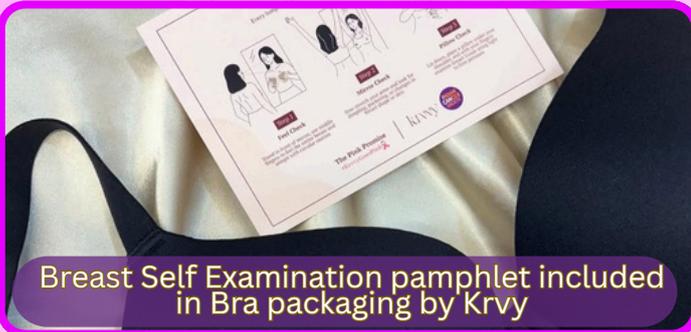


PINKTOBER opened at Prestige Tech Park with a two-day awareness exhibition and run, where survivors and volunteers inspired action on early screening and helped raise funds for ICS initiatives.



India's first **CAN4CANCER**, an Australia-originated cancer awareness marathon was hosted by Commonwealth Bank of Australia, Bengaluru at Manyata Tech Park on 16th Nov. CBA employees donated funds in support of cancer patients.

Collaborative Initiatives for Breast Cancer Awareness & Care



Breast Self Examination pamphlet included in Bra packaging by Krvy



Breast Self Examination posters pasted in women's washrooms across India by Oracle volunteers



Oracle volunteers cheered and encouraged breast cancer survivors at Vydehi Hospital



All India Radio broadcasted Breast Cancer Awareness and myth busting messages in Kannada



Breast Cancer awareness talk at DivyaShree Chambers, Bengaluru



Breast Cancer awareness event at Mangaluru

Awareness and Patient Support at a Glance



Dr. Guru Suhas presenting at Pediatric Hematology support services conference, MAHE, Manipal



Puppet show for pediatric patients at Fr. Muller Hospital, Mangaluru



Relay for Life - Cancaaware at SAHS College, Jain University, Bengaluru



Hope and Joy Fest for pediatric warriors, Bengaluru

Beneficiaries: Oct-Dec 2025

AWARENESS

- Anti-Tobacco Awareness Drives **103**
- Direct Beneficiaries **10,268**
- Healthcare workers trained **469**
- Awareness sessions **09**

SCREENING

- Oral Cancer screened **14,958**
- Screened for Breast cancer **8907**
- Checked for Cervical cancer **6093**
- Screening camps **210**

PATIENT SUPPORT

- Emotional Counseling Beneficiaries **350**
- Nutrition Kit Beneficiaries **4021**
- Wigs & Protheses distributed **42**
- Financial support Beneficiaries **208**
- Hair donations received **267**



MEDIA COVERAGE

ಭೀಮಳ್ಳಿ ಗ್ರಾಮದಲ್ಲಿ ಬುಧವಾರ ಹಮ್ಮಿಕೊಂಡಿದ್ದ ಉಚಿತ ಆರೋಗ್ಯ ತಪಾಸಣೆ ಹಾಗೂ ಕ್ಯಾನ್ಸರ್ ಸ್ಕ್ರೀನಿಂಗ್ ಶಿಬಿರವನ್ನು ಗಣ್ಯರು ಉದ್ಘಾಟಿಸಿದರು

ಭೀಮಳ್ಳಿ: ಕ್ಯಾನ್ಸರ್ ಸ್ಕ್ರೀನಿಂಗ್ ಶಿಬಿರ
ಪ್ರಜಾವಾಣಿವಾರ್ತೆ

ಬಲ್ಲವನಿಗೆ ರೋಗವಿಲ್ಲ ಎಂಬ ಗಾಢ ಮಾತಿನಂತೆ ನಾವು ಸೇವಿಸುವ ಆಹಾರ ಉತ್ತಮ ಆರೋಗ್ಯ ಹೊಂದುವ ಪೌಷ್ಟಿಕ ಆಹಾರವಾಗಿರಬೇಕು ಎಂದರು.

ಕಲಬುರಗಿ: ತಾಲ್ಲೂಕಿನ ಭೀಮಳ್ಳಿ ಗ್ರಾಮದ ಮಹಾಲಕ್ಷ್ಮಿ ದೇವಸ್ಥಾನದಲ್ಲಿ

Prajawani, Kalaburagi

ಕ್ಯಾನ್ಸರ್ ರೋಗದ ಕುರಿತು ಮುಂಜಾಗ್ರತ ಕ್ರಮ ವಹಿಸಿಕೊಳ್ಳಿ ಡಾ|| ಮುದ್ದಸರ ಅಪ್ಪದ ರಾಮಸಮುದ್ರ

ಕನ್ನಡ ದೀಪ ಸುದ್ದಿ, ಯಾದಗಿರಿ.-ಕ್ಯಾನ್ಸರ್ ರೋಗವನ್ನು ಆರಂಭಿಕ ಹಂತದಲ್ಲಿ ಪತ್ತೆ ಹಚ್ಚಿದಲ್ಲಿ ಗುಣಪಡಿಸಲುಹುದು ಮತ್ತು ಕೊಡಲು ಬಿಟ್ಟು ದೇಹದ ಯಾವುದೇ ಕಂಪುಬಂದರ ತಕ್ಷಣವೇ ವೈದ್ಯರ ಹತ್ತಿರ ಪರಿಶೀಲಿಸಿಕೊಳ್ಳಬೇಕು. ಕ್ಯಾನ್ಸರ್ ರೋಗ ಉಗುರು

Ram Samudra, Yadagiri

ಆರೋಗ್ಯ ವೇ ತ್ರೇಷ್ಯ ಸಂಪತ್ತು: ಮನೋಹರ

ಕನ್ನಡ ಪ್ರಜೆ, 17-10-2025

ಮನೋಹರ ಅರಣ್ಯ ಕ್ಷೇತ್ರದಲ್ಲಿ ಆರೋಗ್ಯ ತಪಾಸಣೆ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಡಾ|| ಮುದ್ದಸರ ಅಪ್ಪದ ರಾಮಸಮುದ್ರ ಅವರಿಂದ ಮಾಹಿತಿ ನೀಡಲಾಯಿತು.

E Sanje

RESEARCH ARTICLE Editorial Process: Submission:05/26/2025 Acceptance:12/19/2025 Published:12/27/2025

HPV Screening in Women Living with HIV (WLHIV) in Karnataka, India: Can it be Integrated into ART Centres?

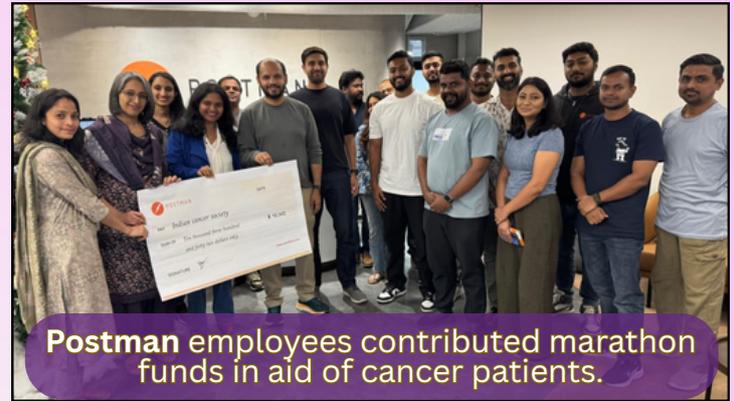
Sripriya Rao¹, Sankaranarayanan R², Divya Sarma³, Ashwathy G Nath⁴, Anuradha R³, Latha Jagannathan³, Anjali Rao⁵, Guru Suhas⁵, Sanghamitra Iyengar², Rajalakshmi V¹, Mayank Chhabra^{1*}, Venkataraman Ramachandran⁶

Abstract

Background: Women living with HIV (WLHIV) face a six-to-tenfold increased risk of cervical cancer due to higher HPV prevalence and persistence. Despite an estimated 1.05 million WLHIV in India and a vast National AIDS Control Programme (NACP) network, no organized cervical screening exists within this infrastructure. **Objective:** This pilot implementation project aimed to demonstrate a feasible and efficacious model for integrating cervical cancer prevention services, including HPV screening and a 'see and treat' approach, for WLHIV within or near ART centres in hard-to-reach Indian settings. **Methods:** A total of 368 WLHIV aged >21 years on ART from three centres were invited. 314 (85.3%) were screened using the COBAS 6800 high-risk HPV test. HPV-positive women were recalled for colposcopy using a portable digital device. A 'see and treat' approach was applied, using thermal ablation or LLETZ for minor/major lesions suggestive of precancer in field clinics. **Result:** 76 of 314 screened women (24.2%) tested positive for high-risk HPV. 65 of 76 HPV positive women (85.5%) complied with colposcopy and treatment. Histology from these 65 women showed 17 high-grade squamous intraepithelial lesions (HSIL), 23 low-grade SIL (LSIL), and 2 invasive cancers. The overall prevalence of HSIL or worse lesions was 5.7% among screened WLHIV. High participation was observed despite logistical challenges. **Conclusion:** The study confirms the significant burden of cervical neoplasia in WLHIV and demonstrates the feasibility and importance of integrating HPV screening and 'see and treat' services within or near existing ART centres using portable technologies. Leveraging the extensive NACP network offers a strategic opportunity for nationwide implementation, crucial for cervical cancer elimination efforts in this high-risk population.

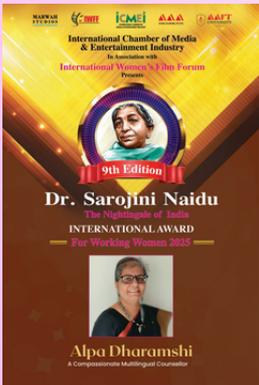
Keywords: Women living with HIV- Cervical cancer- HPV screening- ART centre- NACO- MobileODT device

Asian Pac J Cancer Prev, 26 (12), 4513-4523



A publication co-authored by **Dr Anjali Rao, ICS Managing Committee Member** and **Dr Guru Suhas P, CEO, ICS Karnataka**, appeared in the Asian Pacific Journal of Cancer Prevention. The article titled "HPV Screening in Women Living with HIV (WLHIV) in Karnataka, India: Can it be Integrated into ART Centres?" highlighted that **women living with HIV face a six-to-tenfold increased risk of cervical cancer.**

Celebrating Alpa Dharamshi - Our lead emotional support volunteer



Bengaluru based, **Alpa Dharamshi** has been with the Indian Cancer Society since June 2015 as a **Volunteer – Emotional Support**. She has supported numerous patients and families with compassion and strength, becoming a source of inspiration to many. A recipient of the **Dr. Sarojini Naidu "Nightingale of India"** Award, she has also been invited to **lead sessions for cancer warriors** at multiple hospitals, including **Prakriya Hospital** and **Vydehi Hospital**, reflecting the trust and impact of her work.

Donation by Cheque/Pay Order/DD :

Beneficiary Name:
INDIAN CANCER SOCIETY
(payable at Bengaluru)

*Donations are eligible for Income Tax deductions under Sec 80 G
Kindly provide PAN / AADHAAR No

NEFT :

A/C Name : Indian Cancer Society
Bank Name : HDFC Bank
Branch Name : Indiranagar Branch
Current A/c no : 50200019747490
IFSC Code : HDFC0000832



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(From an Indian account only)

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268/1-4, 9th 'A' Main Road, 2nd Block, Jayanagar,
Bengaluru 560 011
Ph No.+91 9513074567, 080 26622448
Website: <http://indiancancersocietybangalore.org/>

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